



# DECONSTRUCT

**GO FURTHER | JAN 22 | DECONSTRUCTING DOUBT**

**START TALKING | ASK A QUESTION TO GET YOUR GROUP THINKING.**

- What is the story behind the time you went the longest without sleep?

**START THINKING | ASK A QUESTION TO GET YOUR GROUP THINKING.**

- What has stood out to you from this series so far?
- Have you ever had doubts or uncertainties about your faith? Share or journal about something you currently or used to doubt.
- Read John 20:24-29. What is happening in this passage? Why do you think Thomas doubted? What do you think Thomas was feeling through this story?
- In what ways, if any, can you relate to Thomas?
- Pastor Timothy Keller says, "Everybody has doubts. But nobody doubts their doubts." Does this quote make sense to you? What does it mean to "doubt our doubts?" What would it look like for you to doubt your doubts?

**START SHARING | CHOOSE A QUESTION TO CREATE OPENNESS.**

- Doubt doesn't have to destroy your faith; it can be an invitation to grow closer to Jesus.
- Write down your doubts. Spend time considering your doubts in Jesus' presence.
- Bring them to Jesus. Be open about what you're doubting and struggling with.
- Doubt invites us to ask better questions. What questions do you have about faith and belief? Make a plan to ask those questions. Meet with a pastor. Find a podcast from a Christian theologian or thinker on a specific topic. Do research.

**START PRAYING | BE BOLD AND PRAY WITH POWER.**

- Jesus, we thank you for meeting us in our doubts, for walking with us through whatever questions and ponderings we might have. May your Holy Spirit fill us as we seek to be a people pointing people to you through and with and on the way with the questions that we have. In your resurrected name we pray, Amen.

**START DOING | COMMIT TO A STEP AND LIVE IT OUT THIS WEEK.**

- For more on doubt, check out this 7-day reading plan:  
<https://www.bible.com/reading-plans/30028-permission-to-doubt>