



Have fun learning and playing
with your preschooler!

Activity

Run and Tell

What You Need

Bell, windchimes, or cell phone that plays chiming sound

What You Do

Ask your child to stand still and listen for the chimes or bell. When they hear the noise, encourage them to run in place. After a few seconds of running, ask the children to stop. Repeat activity several times.

Say, "Stand super still and listen! When you hear a ringing noise, run in place super-fast. Be sure to stay in the same spot. Are you ready?"

Repeat activity several times.

Say, "Great job! You are amazing runners! Who ran in our Bible story today? (*Pause.*) The shepherds! When the shepherds heard Jesus was born, they ran to find Him. When they found Him, they were amazed! They wanted everyone to know that Jesus was born. So they ran and told everyone that God gave us Jesus, and that's how we know God loves us. **God gave us Jesus!**"



Bible Story

The Shepherds
(Luke 2:8-21)

Remember This

"God has given a son to us."
Isaiah 9:6, NCV

Say This

How do we know
God loves us?
God gave us Jesus.

Prayer

"Dear God, thank You for loving everyone and wanting them to know that You gave us Jesus. Help us tell everyone that You gave us Jesus, just like the shepherds did. We love You, God. In Jesus' name, amen."