



GO FURTHER | NOVEMBER 21 | RECLAIM CELEBRATION

START TALKING | Ask a question to get your group thinking.

- What is your favorite Thanksgiving food?
- What is one thing or person you are thankful for this week?

START THINKING | Ask a question to get your group thinking.

- Read 1 Thessalonians 5:16-18
- What words or phrases jump out at you?
- How is being joyful always different from false happiness or false positivity? How do we cultivate this joy in our lives?
- Paul encourages us to never stop praying. How can we pray throughout the day, with our eyes open, as we go about the business we have been called?
- We're called to be thankful, no matter our circumstances. When things aren't going well, how do we cultivate that gratitude? When things are going well, how can we remind ourselves to give thanks to Jesus for it?

START SHARING | Choose a question to create openness.

- Read Psalm 34:1-8
- What words or phrases jump out at you?
- David found a way to praise God in a cold, dark cave with others with him. Who are the others in your life that help you to focus on Jesus no matter what?
- Share of a time you experience God's greatness in your life, when something happened and it was unmistakable that God played a role in it.
- What are some very tangible ways you can take refuge in God this week?

START PRAYING | Be bold and pray with power.

- Jesus, help us to find our true joy and our refuge in you. Our joy can shift so easily with our circumstances; may we daily build practices and reminders in our lives so that you are at the center of our life. With you at the core, our joy, no matter what we endure, may be found in you. In your resurrected name we pray, Amen.

START DOING | Commit to a step and live it out this week.

- For more on gratitude and joy, check out this 5-day Bible reading plan that includes practical ways to build more thankfulness in our day: <https://www.bible.com/reading-plans/16746-practicing-gratitude>