



START TALKING | ASK A QUESTION TO GET YOUR GROUP TALKING.

 What has been the most chaotic part of the last 18 months? Work? School? Lack of social connections? Something else?

START THINKING | ASK A QUESTION TO GET YOUR GROUP THINKING.

- Deborah led during a chaotic time in Israel's history, staying connected to God through it all.
- Read Judges 4:1-3
- What caused the Israelites trouble in this passage?
- So often, just like the Israelites, we bring pain and suffering into our lives through our own choices and decision, missing God's mark for our lives. The Bible calls that sin. Judges is a repeating cycle of 12 stories of sin and redemption.
- What do the people do in verse 3?

START SHARING I CHOOSE A QUESTION TO CREATE OPENNESS.

- In crying out for help, God responds through the leader.
- Read Judges 4:4-7
- God sends help through Deborah to get a plan to the military leader, Barak. How have you experience God's help in your own life? Spiritually? Through others?
- It is through surrendering, crying out to God, God makes a way for us to work a plan, many times through others who can help.
- Read Judges 4:8
- Barak wants Deborah to go with him, showing us the importance and the healing that can happen when we stay connected to each other
- We all need help in certain areas of lives. If you have not yet, surrender to God and starting making a plan, with others, to break out of the sin cycle.
- You can finish the rest of the story in Judges chapter 4

START PRAYING I BE BOLD AND PRAY WITH POWER.

Jesus, we surrender to you. We know we are not powerful enough to break our destructive habits, our sinful habits, on our own. We need you. Help us to work a plan and to travel with others so we can live the full life you want for each of us. In your name we pray, Amen.

START DOING I COMMIT TO A STEP AND LIVE IT OUT THIS WEEK.

Learn more about time of the Judges through this 7-day devotional: https://www.bible.com/reading-plans/18034-book-of-judges