

# Relationship **DRAMA** ★ AT THE MOVIES ★

GO FURTHER | OCT 25TH

HOLDING GRUDGES

1 CORINTHIANS 13:5 | PROVERBS 17:19 | PSALM 141:3 | JAMES 1:19

**START TALKING | ASK A QUESTION TO GET YOUR GROUP THINKING.**

- *What was your favorite childhood television show or movie growing up?*
- *Have you seen it recently? What kind of feelings does it evoke in you?*

**START THINKING | ASK A QUESTION TO GET YOUR GROUP THINKING.**

- *“Holding a grudge is like drinking poison and expecting it to hurt another person. Forgiveness is for our healing, so we stop drinking the poison hurting us.”*
- *Why is it so hard to release a grudge we have against another person?*
- *Read Matthew 6:12-15. How important is forgiveness to Jesus?*

**START SHARING | CHOOSE A QUESTION TO CREATE OPENNESS.**

- *How are forgiveness and reconciliation different? Are both necessary? In what situations is reconciliation appropriate? Not appropriate?*
- *Mr. Rogers loves Lloyd in the direction of forgiveness and reconciliation.*
- *Do you see yourself more in Mr. Rogers? How can we listen and love so others move toward forgiveness?*
- *Do you see yourself more in Lloyd? How can you move from revenge to love, compassion and forgiveness?*

**START PRAYING | BE BOLD AND PRAY WITH POWER.**

- *Jesus, we confess we've held onto grudges, expecting it to hurt other people but it is only wounding us. May your Holy Spirit help us to take steps toward forgiveness, for our own healing, and, where possible and appropriate, seek reconciliation for relationships long since broken. In Christ's name, Amen.*

**START DOING | COMMIT TO A STEP AND LIVE IT OUT THIS WEEK.**

- *Commit to live as a forgiven person who forgives people. And loves others who are on the way to forgiving too.*
- *For more on holding grudges and forgiveness, check out this 7-day Bible reading plan: <https://www.bible.com/reading-plans/175-forgiveness-7-day>*