

Be *Anxious* for nothing



OCT 4TH
GO FURTHER

WHEN YOU JUST CAN'T DECIDE | PHILIPPIANS 4:4-7; ACTS 15:22, 25, 28; PROVERBS 14:12

START TALKING | Ask a question to get your group thinking.

- Do you like making split-second decisions, or do you prefer to think before you leap?
- Are there any simple decisions you have trouble making, like where to eat? Why do you think simple decisions sometimes seem so difficult?

START THINKING | Ask a question to get your group thinking.

- Decision-making can seem complicated because we have too many choices and we're afraid of making costly mistakes. Which one of these reasons resonates most with you? How does it affect you?
- Has there ever been a time you thought you made the right choice, only to later discover you were wrong? Why did you think you were right? What did you learn from that experience?
- In what ways could a posture of prayer and a perspective of praise prepare you for making a right choice?

START SHARING | Choose a question to create openness.

- Are you facing a difficult decision? If so, how can you use prayer and praise to seek God and His will?
- Do you know anyone struggling with a hard decision? How can you encourage them this week?

START PRAYING | Be bold and pray with power.

- Father, thank You for the reassurance that You're always taking care of us and working for our good. Help us to rest in the knowledge that You have everything under control, even when we have difficulty knowing what to do next. In the name of Jesus we pray, amen.

START DOING | Commit to a step and live it out this week.

- Commit to praying and praising God this week, and ask Him for help as you navigate this week's decisions.
- For more on finding real rest, **Check out the Anxious for Nothing Bible Plan:**
<https://go2.lc/nothing>