

ENOUGH

Cultivating Contentment

*Lord, help me be grateful for what I have,
remember that I don't need most of what I want,
and that joy is found in simplicity and generosity. Amen.*

Day 1: There is a balance between making the acquisition of money and possessions your focus and not doing enough to provide for yourself. Read Proverbs 30:7-9. How well do you maintain this balance? What might help you stay in balance?

Day 2: Pray and invite God to speak to you through the words of Jesus. Read Matthew 13:1-9, 18-23. What happens to the gospel in our lives when we are consumed with the desire for wealth?

Day 3: What does the word covet mean? Read Exodus 20:17 and Ephesians 5:5. How are covetousness and greed cousins? Why does Paul say that greed is idolatry? In what ways do you experience covetousness? How is greed evidenced in your life?

Day 4: Read and reflect on Ecclesiastes 5:10, Matthew 16:26, and 1 Timothy 6:10b. What is God saying to you through these verses?

Day 5: Read Luke 12:15. How are these words of Jesus contrary to the message of the world? What steps can you take to “be on guard” against materialism and greed in your everyday life?

Sermon questions adapted from the book *Enough:
Discovering Joy Through Simplicity and Generosity* by Adam Hamilton.

