

Legacy Ghana Connection - Fall 2018

Earlier this year, Legacy's **One Thing** collected medications at the request of a former Legacy member, James Awuah, who recently accompanied a medical missions' team to Ghana.

James reports the following:

Medications for children were sent in Kumasi Children's home ... and the rest of the medications were sent to Komfo Anokye Teaching Hospital and SDA District Hospital.

These are some quotes that were written down:

Chief pharmacist: "We have been trying to order 200mg ibuprofen for a very long time and have not been able to get this for our patients. We will ensure that these medications are put into the hands of those who need it most."

Hospital Administrator: "This is the second donation we have received in all my time here. We are so very grateful."

And from a fellow team member to James: We dropped off the meds at the clinic, and everyone there was so happy to see them. Apparently, there were some real shortages for certain medications, and from the sounds of it we arrived just in time!

Here are some photos for you to share!



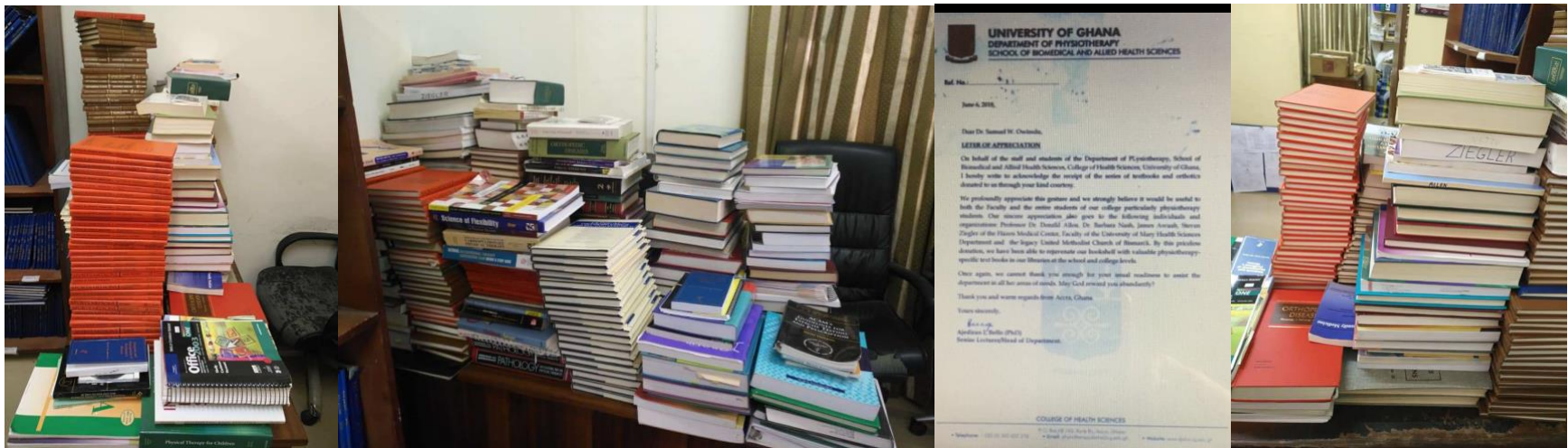


Dr. Kenneth Wutoh graduated from UND PT school through the joint sponsorship of Legacy UMC with Faith UMC of Williston. He currently works at Select Physical Therapy in AZ and heads to Ghana each year to engage in both medical and humanitarian missions. You will note in the letter from Emmanuel, that Kenneth recently coordinated the participation of Dr. Kenzo Kase (the inventor of Kinesio tape) to present at the GPA Biennial Conference. Kenneth has coordinated several other seminars, bringing various well-respected experts to present to groups of health care professionals in Ghana. In addition, he has brought used computers to local schools and other necessary school supplies to various charities his native Kpando region. Kenwutoh@yahoo.com



Dr. Samuel Owiredu, a Legacy scholarship student and the first Doctor of PT graduate of the UMary, also heads to Ghana every year. He has taught seminars in sports medicine to the Ghanaian national sports medicine association, as well as coordinated teams of students to conduct PT pediatric clinics and seminars. In addition, Samuel volunteers every year at the **Joni and Friends Family Retreat in Ghana**. JAF Family Retreats work with disabled children and their families worldwide in an ongoing effort to spread the gospel and help society recognize those born with disabilities are also beloved children of God and therefore worthy of love, respect and dignity. swashingtonwiredu@yahoo.com <https://www.kiiitv.com/article/news/local/someone-to-know-dr-sam-owiredu-provides-health-care-in-ghana/572133887>

Last year, Dr. Donald Allen, a faculty member with the University of Mary Physical Therapy Department, approached Legacy UMC to ask if Ghana had a need for any PT, OT or other medical textbooks their department had gleaned from their library shelves. Our Ghanaian PT's shouted **YES!** and so a joint effort began between Dr. Samuel, Dr. Kenneth, James Awuah and Eric Appiah of Legacy to make it happen. Legacy recently received confirmation of their arrival as well as a letter of appreciation from Johathan Quarthey, Senior Lecturer/Physiotherapist at the School of Biomedical and Allied Health Sciences at the University of Ghana.



Emmanuel Amenorfe is our current **Physical Therapy Scholarship** student, attending the **University of Ghana**. He has finished two years and has two years left. Here is a recent letter received from this remarkable young man!

Receive warmest greetings in the name of the Lord Jesus Christ. How are you and everyone doing? I hope all is well with you. I believe the Lord still has you all in the palm of His hands and protecting you from the fiery darts of the enemy. He protects all that is entrusted into His hands: He is ever faithful!!

I would like to say a BIG THANKS TO YOU and your team out there for all that you have been doing for me. My heart is indeed filled with gratitude to God for making the seemingly impossible possible all to the glory of His holy name. You may never know what and how much you have done for me, and a great number of others whose tears will be wiped away, pains eased, and blessed in various ways through me by God. The thought of these humbles me and makes my eyes teary in giving praise to the God of Heavens for His wondrous works. Thanks and God bless you so very much.

By the grace of God, I am glad to inform you that I have finished the second year of my four-year program. The year has been full of God's grace and insight. I have had the opportunity, apart from the regular academic work, to attend three scientific conferences. One of the conferences was organized by the Ghana Physiotherapy Association (GPA) in collaboration with a 3-member team of American physical therapists on "The treatment of sports related musculoskeletal injuries." The last one was the GPA Biennial Conference that saw the attendance of Dr. Kenzo Kase (the inventor of Kinesio tape) and **Dr. Kenneth Wuttob** among others. It was quite a great academic year. Please, thank Dr. Kenneth for me, he gave me 200 cedis to get an overcoat (lab coat) for my lab sessions.

I am now doing my Professional Practice (clinical attachment) at the Volta Regional Hospital. The hospital is a secondary referral facility that has about 500 bed capacity. The physical therapy department of the hospital, headed by **Lewis Ahiaku** (I guess the name sounds familiar to you), treats all kinds of neuromusculoskeletal conditions that are referred from within the hospital or coming outside the hospital. It has been an interesting and inspiring moment for me learning all the various therapeutic interventions that are used in the treatment of the numerous cases they receive each day.

Again, I would to thank you so very much for everything. May the Lord bless and replenish you abundantly - in hundred folds - for all the kindness and love you have shown me.

My greetings to all!

Emmanuel
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