



**PARENT
CUE**



HIGH SCHOOL



WEEK 1

LUKE 1:1-4

The author, researcher, and doctor—Luke—reminds us that context makes things clearer.

WEEK 2

PSALM 119:105

The Bible brings things to light.

WEEK 3

PSALM 119:11

Memorizing Scripture can help us know what to do when it matters most.

TALK ABOUT THIS

WEEK 1: Ask your kid what's one family tradition or family story that's weird to them. Then share the backstory about how it started and why. As you do, it'll reinforce the fact that context makes everything clearer.

WEEK 2: Sometimes the Bible brings things to light you wouldn't otherwise see. When your kid has a decision to make, share about a time when a verse or a quote from Scripture helped you make a tough decision.

WEEK 3: Next time the topic comes up or your kid says, "Someone at school _____," ask, "What would you say if someone offered you _____?" Or, "What would you say if someone told you that you should _____?" Rehearsing answers ahead of time can help them make the right choice in the moment.

REMEMBER THIS

Your word is a lamp to guide my feet and a light for my path. Psalm 119:105 NLT



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DO THIS



MORNING TIME

What we say to ourselves in the morning can affect the whole day. Try choosing one verse or phrase that encourages you and texting it to your student before their first class starts.



MEAL TIME

Sometimes it's hard to know what to say at a family meal. Try buying a box of icebreaker questions (or googling them) and letting everyone at the table draw one out and ask.



THEIR TIME

When high schoolers have a problem, it can be tempting to point out an answer that seems obvious to us. Instead, the next time your teenager voices a concern, help them find the answer on their own by asking, "What advice would you give to someone in your situation?"



BED TIME

Print one encouraging verse or quote and put it in a frame on your kid's nightstand.

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